

DOUBLE CHAI



TEMPLE BETH DAVID

2016-17 * BROCHURE * 5777

WELCOME TO DOUBLE CHAI

Double Chai is Temple Beth David's popular program for teens. Double Chai is innovative, offers students flexibility, and a great way to stay connected with Jewish friends at Temple Beth David. We are excited to have you join this journey! We want you to be present, bring questions, engage with learning, voice your opinions, and enjoy time with friends.

PLEASE BE IN TOUCH WITH US IF YOU HAVE QUESTIONS.

Rabbi Micah Citrin - rabbimicah@templebethdavid.net

Rabbi Karen Citrin - rabbikaren@templebethdavid.net

Temple Beth David Telephone-781-769-5270

What's New?

We want Double Chai to offer a great sense of community for teens at TBD. Here are new things to look for this year:

- ❖ Double Chai is open to 7th, 8th, 9th, and 10th graders, with a **special continuing education track for 11th and 12th graders called *Lishma***. From Bar/Bat Mitzvah age through high school, Double Chai is where TBD teens meet weekly.
- ❖ 8th and 9th graders will have all elective classes
- ❖ 7th grade will have one required core course in the first hour and one elective in the second hour. The first half of the year core will be Torah/Hebrew; the second half of the year will be Holocaust Studies through the special curriculum "*Facing History and Ourselves*." This is an important year as students prepare to become Bar/Bat Mitzvah and get ready to enter their young adult years.
- ❖ Students help shape Double Chai by sharing input as to courses offered
- ❖ December Wild Card Wednesdays. A "grab-bag" of fun one-shot class offerings. Something different each Wednesday during the month of December.
- ❖ More field trips
- ❖ 11th and 12th graders will have a chance to continue to see their friends at Double Chai with a new track called *Lishma* (learning for its own sake). 11th and 12th graders can sign up for electives, will have special sessions with the rabbis based on student interest, and a field trip to a local college campus and Hillel. Significantly reduced tuition rate, too!

- ❖ Special courses just for girls and guys. Stay tuned for the winter trimester!

The Program

- ❖ Students earn a minimum of 108 points between 8th-10th grade in order to be part of Confirmation (an average of 36 points per year).
- ❖ Students accumulating 126 credits will receive a special honor. The student in each Confirmation class accumulating the most credits will receive special recognition.
- ❖ You need to earn a minimum of 20 points per year to remain in the program, but there is no limit to the number of points you can earn.
- ❖ Double Chai meets on **Wednesdays** starting with dinner at **5:30 p.m.** followed by two class sessions between **6:00 p.m. – 8:00 p.m.** On **Sundays** Double Chai offers TELEM, a service learning program for 8th - 12th graders that meets between 11:00 a.m. - 1:00 p.m. TELEM partners with NewBridge On the Charles as teens engage with elderly residents. A late morning snack is provided. **Madrichim may participate in TELEM and be dismissed at 11:00 a.m. in time for the beginning of the TELEM session.**
- ❖ Participation is expected. You must attend 75% of the class or activity in order to get credit (Plus when you don't attend your friends miss you!)
- ❖ 10th grade is the Confirmation year. Confirmation is a unique rite of passage and course of study for 10th graders. Confirmation students will have their own opportunities to study with the rabbis throughout the year. In the spring trimester, Confirmation students will have a core course with the rabbis in order to prepare for the Confirmation service. Students will be encouraged to consider their relationship with Judaism, ask important questions about belief, and prepare a service that affirms and confirms their connection to the Jewish tradition.
- ❖ We hope to see as many teens as possible on Wednesday evenings and encourage 8th - 12th graders to participate in TELEM (it looks great on a college application!)
- ❖ There are a variety of classes and activities to choose from. Many meet for one hour and last for eight weeks. Some classes are shorter or longer and some are spread out over the year. Consider the topic, the day, and time the class meets, and choose what works for your schedule.

- ❖ New electives will be offered each trimester. Class choices will be sent out a few weeks before the next trimester so students can sign up for what interests them.

Lots of Ways to Participate and Get Points

Beyond class on Wednesday or Sunday mornings there are lots of other ways to earn points, such as:

Be a Madrich (20 points) All religious school Sundays, 9:30 - 11:30 a.m. You may choose Double Chai points or to get paid. A full year commitment is required.

****First time madrichim need to register for the fall trimester elective on leadership, teaching, and learning.**

L'Taken Seminar for Social Justice - Friday, March 3 - Monday March 6 (5 points)

Join hundreds of other high school students from across the country at the prestigious L'Taken Seminar for Social Justice in Washington D.C. L'Taken is sponsored by the Reform Action Center, the social justice arm of the Reform Movement. Explore a variety of public policy issues facing our nation and the Reform Jewish values that speak to these issues. These issues can include gun safety, climate change, immigration, poverty, and more. After exploring these topics in depth, you will have the opportunity to lobby Senators, Representatives, and their staff to encourage legislative action.

Fundraising Committee (3 points)

Double Chai students can create and execute at least one fundraising activity. The funds are used to help with the cost of our trips (L'Taken and New York). We are looking for a few people who are good at organizing to help plan and implement the fundraising activities. Get your friends involved! Meet on your own schedule. Three meetings are required, plus additional planning and recruitment work.

Torah Reader (1 point/service)

Volunteer to read Torah at the High Holiday services or a Shabbat service.

Oneg/Usher Volunteer (1 point, maximum 5 per year)

Help to set up and clean up for the Oneg Shabbat on Friday evening. Help to usher for a Friday evening service (must be accompanied by an adult).

NFTY -NE Summer Leadership Training Institute, December Institute, Kallah, and Conclavettes (2-4 points)

Beyond Temple Beth David youth group, there is a whole world of Jewish teens! Join new and old friends at Camp Eisner in Great Barrington and connect with teens from across New England. It is a great way to be inspired, learn, and enjoy being in a terrific teens community. Discover your Judaism while having great fun.

Dates are to be determined. Check the NFTY-NE website for more information.
9th-12th graders (limit 8 points total in all years).

NAWDTY Events (1 point)

Dates to be announced

Watch for a variety of interesting youth group events for **9th-12th graders**. Sometimes 8th graders will be invited to participate (**limit 2 points per year**).

J-NAWDTY (Jr. Youth Group) Events (1 point)

Dates to be announced

Watch for a variety of interesting junior youth group events for **7th and 8th graders**.

Mitzvah Project (1 -4 points depending on project)

You may choose to do your own mitzvah project with permission from Rabbi Micah. Requirements will be determined on an individual basis (**limit 4 points per year**).

Independent Study (2 points)

If you have an idea for a research project, speak to Rabbi Micah for approval (**limit 6 points total in all years**).

Adult Education (points dependent on hours)

Attend one of the many adult education classes, including the Brotherhood Breakfast speaker programs, and classes taught by congregants and Rabbis.

Key Dates (Don't forget these!)

- ❖ Sunday, September 11, 12:00 - 3:00 p.m. NAWDTY PAINT PARTY Kick off event
- ❖ Wednesday, September 14, 5:30 p.m. - 8:00 p.m. first day of Double Chai
- ❖ Sunday, September 18, 11:30 - 1:30 p.m. first day of TELEM
- ❖ Monday, December 26 - Friday, December 30 NFTY-NE December Institute
- ❖ Friday, March 3 - Monday, March 6 - L'Taken Seminar on Social Justice in Washington D.C.
- ❖ Friday, June 2 - Confirmation Service

Brit Kavod - A Covenant of Respect

Brit means "covenant" and *Kavod* means "respect" or "honor." Being part of our covenantal community means that we show *kavod* for each other, for this place, and for our programs. Temple Beth David recognizes that each person has a unique learning style and that we experience education and Judaism differently. There are also core Jewish values that bind us together in one community. All parents, students and teachers will strive to uphold the following values of our *Brit*:

1. **KAVOD FOR OTHERS** - We expect every person to demonstrate self-respect and respect for other people.

*"V'ahavta l'reiacha kamocha - Love your fellow person as yourself."
(Leviticus 19:18)*

Each person is created "*B'tzelem Elohim*" (in God's image) and we honor the holiness in each person with our words and our actions. We treat one another how we want to be treated.

2. **KAVOD FOR PLACE** - We expect every person to demonstrate respect for our Synagogue and grounds.

"Ma tovu ohalecha Ya'akov mishk'notecha Yisrael - How beautiful are your tents, O Jacob, your dwelling places, O Israel." (Numbers 24:5)

Out of respect for our sacred space, we are responsible for caring for everyone and everything in and around our temple home. We are responsible for keeping each other safe.

3. **KAVOD FOR OUR PROGRAM** - We expect every person to be present and considerate and to contribute positively toward our learning environment.

"Na'aseh v'nishma - We will do and we will hear." (Exodus 24:7)

It is a privilege to learn about our Jewish heritage. We have the responsibility to help ourselves and others to learn by listening and following all instructions. We strengthen our educational experience when we attend regularly and participate actively in our temple community.

In all these ways, we work together to demonstrate kavod for ourselves, for each other, for TBD and for our community.

Fall Trimester Class Offerings
September 14 - November 30

7th Grade Core (Required) Course: Torah Of Our Lives 6:00-6:50 p.m.
Nancy Molitor

7th graders will encounter a variety of essential Torah texts that grapple with questions of values, identity, and moral choices. Students will apply their Hebrew skills and expand on these skills by focusing on the Hebrew text with English translation.

Electives 6:00 - 6:50 p.m.

Totally Taboo: Talking Politics Elyse Rast (8th-12th) 6 POINTS

They say the two things you can't talk about in polite company are religion and politics. This class will talk about both! Reading or watching the news can be an overwhelming experience. How can Judaism help us process and react in a positive, even productive, way to today's headlines? This seminar-style course will discuss the current political climate and explore how to respond based on Jewish traditions and personal thoughts. Students will have the opportunity to bring topics to the table and will determine their own understanding of the issues. The presidential election is on everyone's mind so let's learn more about it together.

Step Up: Leadership for Life Barry Mindes (8th-12th) 6 POINTS

Sometime people say that teens are the leaders of tomorrow. At TBD, we believe teens are the leaders of today. Whether it is in your school, sports team, band, and beyond this class will explore what leadership is and what it means to be a leader. It will apply current leadership theory and Jewish wisdom to help you make a difference in the world. **NOTE: THIS CLASS IS REQUIRED FOR ANY FIRST TIME MADRICHIM. RETURNING MADRICHIM CAN TAKE THIS COURSE AND EARN 5 EXTRA DOUBLE CHAI POINTS OR AN EXTRA \$10 IN COMPENSATION.**

Electives 7:00 – 7:50 p.m.

Tastes and Texts Hope Canonico (8th – 12th) 6 POINTS

Back by popular demand...Feed your body, feed your mind! This is a cooking class with a twist. Each week, students will study a Jewish text or story related to food and learn to prepare (and of course eat!) a related dish from a Jewish recipe.

Torah Yoga Elyse Rast (7th – 12th) 6 POINTS

Through yoga, meditation, and visualization exercises, we will experience Torah in an embodied way. We'll explore how it might have felt to cross the Sea of Reeds, what was going on in the Israelite's bodies when they received the Torah, and how to visualize serenity and peace when you're feeling overwhelmed and stressed. No experience is necessary, just a sense of adventure. Wear comfortable clothes and be ready to either wear socks or go barefoot.

Talmud and Toons Rabbis Citrin (7th-12th) 6 POINTS

Do you like to argue? Do you enjoy a crazy story? Do you like cartoons? This class is for you. Learn the ancient Jewish art of the argument as we learn what the Talmud is and how it works. These texts will be brought to life with some creative cartoons that will be viewed on YouTube. We will have fun, enjoy some good discussions, and you can bring your newfound arguing skills home to use on a sibling, parent or friend.

Sundays 11:00-1:30 p.m.

TELEM Charlie Strigler (8th – 12th) 24 Points

Jewish youth making a difference together! TELEM is an innovative program that integrates community service, learning, and reflection—and provides opportunities to effect real change. TELEM is about building relationships: people helping people. Now in our eighth year of community service and learning, we are engaging in our "Connecting Generations" track. This community service class will bring you together with your friends to volunteer with senior residents of a senior living facility. The volunteer work will be supplemented and enriched by study and discussion of Jewish texts related to the service project. Students will also spend time together planning and reflecting on their experiences.

**PLEASE REVIEW THE COURSES AND RETURN YOUR SELECTIONS BY
AUGUST 29TH. BE IN TOUCH IF YOU HAVE QUESTIONS.**

DOUBLE CHAI SELECTION FORM

Student's Name _____ Grade _____

Home phone _____

Student's Cell Phone _____

Student's email address _____

Parent's email address _____

Check all classes/activities that you want for electives. If there is more than one possible elective for your grade during a particular time slot, please indicate your preference (1 being the top choice). If you there is a required course for your grade you will be place in it automatically.

Wednesday offerings:

Electives 6:00 - 6:50 p.m.

Totally Taboo: Talking Politics Elyse Rast (8th-12th) 6 POINTS _____

Step Up: Leadership for Life Barry Mindes (8th-12th) 6 POINTS _____

Electives 7:00 - 7:50 p.m.

Tastes and Texts Hope Canonico (8th - 12th) 6 POINTS _____

Torah Yoga Elyse Rast (7th - 12th) 6 POINTS _____

Rabbis Citrin Talmud and Toons (7th-12th) 6 POINTS _____

Sunday offering

TELEM Charlie Strigler (8th-12th) 24 POINTS _____

Madrichim 20 Points or \$5/hr _____

****Please return the Madrichim class placement preference form too.**

Dear Potential *Madrachim* and Parents,

Temple Beth David is fortunate to have teenagers who are active participants in our congregation and who model Jewish values for our younger students. *Madrich/a* means “guide.” *Madrachim* are 8th – 12th grade students who help our teachers to guide our K – 6th graders in their Judaic and Hebrew studies, and in modeling what it means to be a *mensch*. *Madrachim* form an invaluable support network and provide extra hands, eyes, and ears for our teachers. *Madrachim* serve our religious school in a myriad of ways: sharing a story with the children, helping out with an art project, helping teachers, tutoring a student in Hebrew, or participating with the children as they learn new songs or attend services.

In order to participate potential *madrachim* must:

- Be in 8th – 12th grade
 - Complete the enclosed application form
 - Register in Double Chai
 - Attend a *madrachim* orientation before the start of the school year
- ***NOTE: First time *madrachim* take the Double Chai Leadership Elective, “Step Up”.

We value the time that our teens give to the temple. *Madrachim* will be compensated as follows:

- Students can choose to earn 20 Double Chai points for the year
- Student can choose to be paid \$5/hour

Please note: We may have more *Madrachim* candidates than positions. While we will do our best to match the candidates’ skills and availability to the needs of the program, we regret that everyone may not receive their first choice. There may be additional trainings/meetings scheduled throughout the year. Please return your form **by Aug. 29**.

We look forward to receiving your application. If you have any questions, please feel free to contact Rabbi Micah (rabbimicah@templebethdavid.net). We will be in touch soon regarding class assignments.

L’shalom,

Rabbi Micah Citrin and Rabbi Karen Citrin, Co-Educators

Madrichim Job Description

Thank you for your interest in TBD's *Madrichim* Program. Please be sure to read this document carefully so that you understand the responsibilities and expectations involved in being a *madrich/madricha*.

By becoming a *madrich(a)* you agree to:

- **commit to helping** your teacher or staff person at all times. Teachers and staff count on your support. Being a *madrich(a)* means being committed to listening and responding to the needs of teachers and staff.
- **support the students** by seeking out situations in which you can help them. Many students will need extra help in the classroom, while others will work better independently. Remember to support the interests of the students at all times. Appropriate behavior is expected, and will be emphasized by teachers and staff.
- **actively participate** in educational programming. As a *madrich(a)* you must be enrolled in Double Chai and participate in the activities that are planned for your grade level. We hope you will actively participate in and support special events such as the Purim Carnival and other communal gatherings.
- **show up awake and on time.** You must arrive 15 minutes prior to the beginning of the program. Meet with your teacher and use these 15 minutes wisely.
- **be in *Tefilah* on time, and please model appropriate prayerful behavior.** Every minute that you are here is a teaching opportunity. Singing, praying, and following along in the prayer book sets an example for others to follow.
- **find a substitute** at least 3 days in advance of your absence. If you are going to be absent, you must 1) find a substitute from the substitute list provided by the temple, 2) alert your teacher or staff person by phone or email at least 3 days in advance of your absence, and 3) alert Rabbi Micah Citrin.
- **sign in** upon arrival on the sign-in sheet in the Religious School office.

Temple Beth David Religious School
Madrich/Madricha Class Preferences 2016-2017

Name _____ Grade _____

Are you available to work (please check all that apply):

Sunday mornings _____ Wednesday afternoons _____

Weekend retreats _____ On the substitute list? _____

Please rank the position that interests you and your top **3 choices** according to preference (1=most desirable, 2=next, etc.). *8th graders will not be placed in a 6th grade class.*

Sunday Judaica 9:30 – 11:30 a.m.	
Grade	Rank
K/1	
2nd	
3rd	
4th	
5th	
6th	
Sunday Hebrew 9:30 – 11:30 a.m.	
3 rd	
4 th	
5 th	
6 th	
Wednesday Judaica 4:00 – 5:30 p.m.	
3 rd	
4 th	
5 th	
6 th	
Wednesday Hebrew 4:00-5:30 p.m.	
3 rd	
4 th	
5 th	
6 th	

Please complete this form and return it to Rabbi Micah
NO LATER THAN August 29, 2016.